



**Broome County Catholic Charities  
Functional Family Therapy (FFT)  
Outcomes**

The Catholic Charities of Broome County, Binghamton NY Functional Family Therapy Site began training and implementation with FFT, Inc in 2003. FFT was initiated in Broome County due to the counties high out of home placement rate for youth. Catholic Charities FFT is funded through the Department of Social Services and the United Way. Our FFT site serves mandated families throughout Broome County who are participating with the Department of Social Services or Probation. Our Staff provides services in family's homes and services are free to participating families. The average youth FFT serves is between the ages of 13-15 and was referred by Probation due to family conflict and the youth's behavior. Our team works intensely with families and service provider teams including, Probation, DSS, schools, therapists and case managers.

**Broome County Demographics**

Population	200,500
Population 18 years of age or younger	20%
Population living in poverty	15.5%
Average household income	\$44,000

**FFT 2011 Numbers Served**

Number served	76
Adults served	112
Children served	146

**Client Age**

10-12	11%
13-15	51%
16-18	38%

**FFT 2011 Economic Factors**

Average number living in the household	4.1
Families receiving government assistance	80%
Average household income	\$23,000
Number of parent figures unemployed	45%

**Referral Reasons**

School truancy and youth behavior	31%
Parenting	26%
Verbal and/or physical aggression	22%
Mental health	13%
Drug and alcohol use	8%

**Mental Health Diagnosis:**

In 2011, approximately 60% of youth served had a mental health diagnosis; many are receiving psychiatric care in addition to FFT services. Most prevalent mental health diagnoses: ADHD, Adjustment Disorder, Anxiety, Bipolar Disorder, Depression, Mood Disorder and Oppositional Defiant Disorder.

**Placement Prevention Rates**

**Placement Prevention  
While Receiving Services**

2007	91%
2008	95%
2009	94%
2010	96%
2011	94%

**Placement Prevention During  
3- 24 Months of Follow up**

2007	94%
2008	95%
2009	95%
2010	93%
2011	94%

**Client Satisfaction**

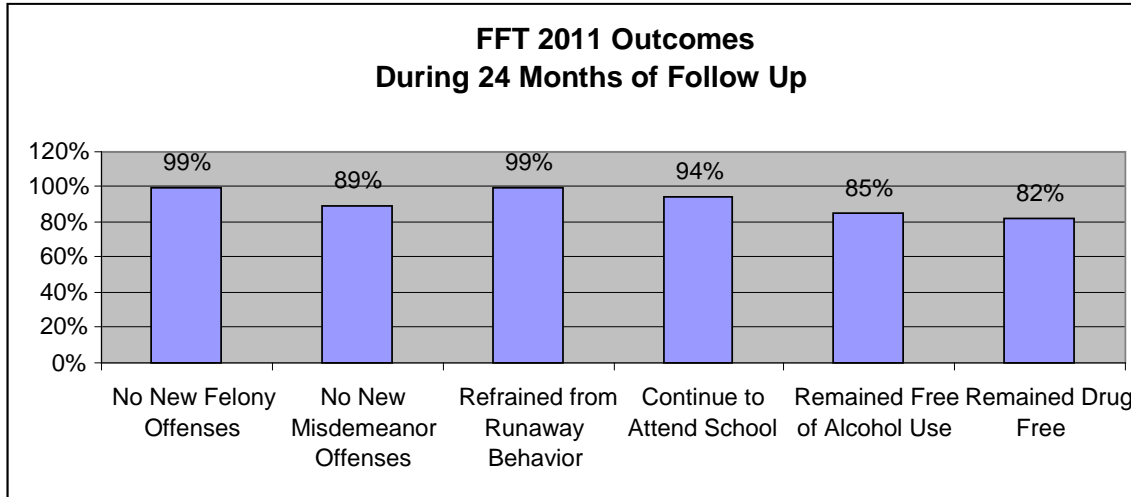
**Learned Effective Skills  
To Improve Their Relationships**

2007	96%
2008	97%
2009	97%
2010	98%
2011	99%

**Satisfied with FFT Services**

2007	97%
2008	100%
2009	97%
2010	99%
2011	96%

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**Client Outcome**

Follow up is completed at 1, 6, 12, 18 and 24 Months following the completion of services

**Adolescent Behavior Improved**

2007	90%
2008	95%
2009	98%
2010	93%
2011	92%

**Improved Communication Skills**

2007	94%
2008	93%
2009	98%
2010	100%
2011	97%

**Youth Continue to Attend School**

2008	95%
2009	95%
2010	90%
2011	94%

**Reduced Runaway Behavior**

2008	98%
2009	94%
2010	94%
2011	99%

**Improved Parenting Supervision Skills**

2007	96%
2008	86%
2009	96%
2010	100%
2011	94%

**Improved Parenting Skills**

2007	94%
2008	97%
2009	96%
2010	100%
2011	100%

**For More Information Contact:**

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